SNTHS Local Wellness & FSMC Committee 2023-24

11/7/2023

Agenda Items:

- 1. Pass out Wellness Policy Copies, Sign-In & Committee Introductions
 - a. Assign someone to take notes
- 2. Review Current Local Wellness Policy
 - a. Discuss any group questions/comments
- 3. Complete <u>Healthy Schools Program Assessment</u> as a committee
- 4. Based on Results of Assessment, choose 1-2 measurable & achievable goals for your SFA to work towards this school year.
 - a. Goal 1:
 - b. Goal 2:
- 5. Review menus and student feedback
- 6. Set date for next meeting in 2-3 months
- 7. Next Steps:
 - a. Scan today's sign-in, notes, and next meeting date to School Food Solutions
 - b. Post today's assessment, notes, and next meeting date to website
 - c. Send out calendar invitation to all committee members
 - d. Post next wellness committee meeting on school website
 - e. Send invitation letter to other potential committee members